

## YNEPF November Open (05/11/2022)

Place	Name	Sex	State	Equipme	Division	Bodywei	WeightC	Squat1K	Squat2K	Squat3K	Best3Sq	Bench1K	Bench2K	Bench3K	Best3Bei	Deadlift1	Deadlift2	Deadlift3	Best3De	TotalKg	Points	Event
1	Ruth Grigg	F	YNE	Raw	FR-O	51.9	52	135	145		145	92.5	98	104	104	150	160	-168	160	409	103.45	SBD
2	Athenea Lim	F	YNE	Raw	FR-O	51.8	52	-82.5	-82.5	82.5	82.5	40	42.5	-45	42.5	130	135	140	140	265	67.14	SBD
3	Regan smart	F	YNE	Raw	FR-O	52	52	95	-100	-102.5	95	37.5	42.5	-45	42.5	110	115	-117.5	115	252.5	63.76	SBD
1	Ellen Hollingsworth	F	YNE	Raw	FR-O	56.4	57	95	102.5	105	105	55	60	62.5	62.5	120	130	-135	130	297.5	70.34	SBD
2	Philippa Kelsey	F	YNE	Raw	FR-O	56	57	95	105	110	110	55	-60	-60	55	110	117.5	125	125	290	68.95	SBD
3	Amelia Fox	F	YNE	Raw	FR-O	55.1	57	92.5	100	105	105	45	50	55	55	102.5	112.5	120	120	280	67.41	SBD
4	Tiffany Hodkinson	F	YNE	Raw	FR-O	56	57	70	75	80	80	42.5	45	47.5	47.5	120	125	130	130	257.5	61.22	SBD
5	Leanne Tomlinson	F	YNE	Raw	FR-O	56	57	-82.5	82.5	-87.5	82.5	45	-47.5	47.5	47.5	105	110	-115	110	240	57.06	SBD
6	Joanne Holden	F	YNE	Raw	FR-O	57	57	77.5	82.5	-85	82.5	42.5	45	-47.5	45	90	95	100	100	227.5	53.36	SBD
1	Stacie Jones	F	YNE	Raw	FR-O	63	63	145	155	-165.5	155	85	90	95	95	150	160	167.5	167.5	417.5	91.34	SBD
2	Elspeth McLeod	F	YNE	Raw	FR-O	62.1	63	120	130	-140	130	95	100	105	105	120	135	150	150	385	85.02	SBD
3	Grace Allinson	F	YNE	Raw	FR-O	62.3	63	115	120	125	125	75	80	82.5	82.5	155	162.5	170	170	377.5	83.19	SBD
4	Elizabeth Petch	F	YNE	Raw	FR-O	61	63	112.5	120	-125	120	65	70	-72.5	70	150	160	170	170	360	80.46	SBD
5	Ellie Taylor	F	YNE	Raw	FR-O	61.6	63	-100	100	110	110	42.5	47.5	-52.5	47.5	110	120	130	130	287.5	63.83	SBD
G	Diana Huynh	F	YNE	Raw	FR-O	57.4	63	115	122.5	130	130	52.5	55	-57.5	55	127.5	135	140	140	325	75.84	SBD
1	Katie tuffin	F	YNE	Raw	FR-O	64.2	69	112.5	120	125	125	57.5	60	62.5	62.5	130	-140	140	140	327.5	70.8	SBD
2	Hannah Sharp	F	YNE	Raw	FR-O	68.4	69	105	115	-120	115	60	65	-67.5	65	110	120	127.5	127.5	307.5	64.02	SBD
3	Emma Barclay	F	YNE	Raw	FR-O	64.6	69	92.5	102.5	105	105	60	65	-67.5	65	-120	132.5	-137.5	132.5	302.5	65.14	SBD
G	Alisa Brown	F	YNE	Raw	FR-O	63.1	69	-95	95	-100	95	60	-65	65	65	125	-137.5	-140	125	285	62.29	SBD
1	Laura Loft	F	YNE	Raw	FR-O	75.5	76	145	152.5	-160	152.5	70	75	-77.5	75	162.5	172.5	-180	172.5	400	79.11	SBD
2	Jess Bagdonas	F	YNE	Raw	FR-O	75.7	76	135	142.5	-150	142.5	77.5	80	-82.5	80	150	165	170	170	392.5	77.53	SBD
3	Hollie Johnson	F	YNE	Raw	FR-O	75.4	76	110	120	127.5	127.5	70	75	80	80	122.5	135	145	145	352.5	69.76	SBD
4	Rhea Sutcliffe	F	YNE	Raw	FR-O	72	76	107.5	115	120	120	60	65	67.5	67.5	145	152.5	160	160	347.5	70.37	SBD
5	Megan Reilly	F	YNE	Raw	FR-O	75.7	76	122.5	132.5	137.5	137.5	62.5	67.5	-70	67.5	135	-142.5	142.5	142.5	347.5	68.64	SBD
6	Sally Sweeney	F	YNE	Raw	FR-O	73.9	76	117.5	125	-130	125	52.5	57.5	60	60	132.5	140	147.5	147.5	332.5	66.45	SBD
7	Nicole Latham	F	YNE	Raw	FR-O	74.7	76	105	112.5	-120	112.5	60	-65	-65	60	125	140	152.5	152.5	325	64.61	SBD
8	Alys Church	F	YNE	Raw	FR-O	74.3	76	90	102.5	-112.5	102.5	62.5	67.5	70	70	125	135	147.5	147.5	320	63.78	SBD
9	Abbie Marshall	F	YNE	Raw	FR-O	75	76	97.5	-105	-105	97.5	-60	60	-62.5	60	135	140	-142.5	140	297.5	59.03	SBD
10	Sarah Lee	F	YNE	Raw	FR-O	74.3	76	85	95	100	100	-37.5	40	42.5	42.5	115	125	-132.5	125	267.5	53.32	SBD
1	Lucy Robinson	F	YNE	Raw	FR-O	81.8	84	155	162.5	170	170	-85	85	90	90	160	170	180	180	440	83.98	SBD
2	Sophie Griffiths	F	YNE	Raw	FR-O	80.6	84	110	117.5	125	125	67.5	72.5	77.5	77.5	120	130	145	145	347.5	66.74	SBD
1	Talia Anastasiou	F	YNE	Raw	FR-O	104.2	84+	-140	147.5	155	155	80	87.5	-92.5	87.5	160	-170	172.5	172.5	415	73.23	SBD
2	Laura Etfer	F	YNE	Raw	FR-O	103.1	84+	127.5	135	145	145	70	77.5	82.5	82.5	145	155	-160	155	382.5	67.68	SBD
3	Emily Greaves	F	YNE	Raw	FR-O	91.1	84+	112.5	120	125	125	75	82.5	-87.5	82.5	130	140	145	145	352.5	64.65	SBD
4	Lorren Sellars	F	YNE	Raw	FR-O	88.7	84+	117.5	-125	125	125	62.5	-67.5	-70	62.5	142.5	150	-157.5	150	337.5	62.46	SBD
5	Pauline Watson	F	YNE	Raw	FR-O	93.4	84+	75	85	92.5	92.5	47.5	55	57.5	57.5	132.5	142.5	145	145	295	53.67	SBD
6	Gabriella Calvert	F	YNE	Raw	FR-O	108.5	84+	-105	105	110	110	42.5	47.5	-52.5	47.5	105	115	122.5	122.5	280	48.95	SBD
7	Caroline Buckle	F	YNE	Raw	FR-O	106.5	84+	65	70	80	80	-67.5	70	-75	70	100	110	115	115	265	46.52	SBD
1	Amelia Hoggard- Leather	F	YNE	Raw	FR-O	54.8	57					57.5	62.5	67.5	67.5					67.5	61.83	B
1	Elizabeth Petch	F	YNE	Raw	FR-O	61	63					65	70	-72.5	70					70	59.52	B
1	Lisa Liddy	F	YNE	Raw	FR-O	73.7	76					70	75	80	80					80	62.12	B
1	John Anderson	M	YNE	Raw	MR-O	64.2	66	165	175	185	185	-100	105	-107.5	105	175	185	-197.5	185	475	75.14	SBD
2	Oliver Barr	M	YNE	Raw	MR-O	65.8	66	-130	130	-140	130	87.5	95	100	100	170	-185	185	185	415	64.8	SBD
1	Oscar Birch	M	YNE	Raw	MR-O	68.6	74	200	212.5	215	215	120	122.5	-127.5	122.5	225	240	242.5	242.5	580	88.59	SBD
2	Joe Kelsey	M	YNE	Raw	MR-O	74	74	197.5	-205	205	205	140	-142.5	-142.5	140	215	225	235	235	580	85.15	SBD
3	Alex Tan	M	YNE	Raw	MR-O	71.6	74	150	160	165	165	-110	110	-115	110	210	220	-225	220	495	73.93	SBD

4	Talhah Valli	M	YNE	Raw	MR-O	70.4	74	-137.5	147.5	152.5	152.5	90	95	100	100	187.5	200	207.5	207.5	460	69.31	SBD
5	Haseeb Asad	M	YNE	Raw	MR-O	72	74	-135	-137.5	137.5	137.5	80	85	-90	85	185	-195	-200	185	407.5	60.68	SBD
6	Ryan Pattison	M	YNE	Raw	MR-O	69	74	130	137.5	140	140	82.5	87.5	-90	87.5	165	175	-182.5	175	402.5	61.29	SBD
7	Arjan Salim	M	YNE	Raw	MR-O	70.4	74	130	137.5	145	145	67.5	-72.5	72.5	72.5	160	170	-182.5	170	387.5	58.39	SBD
8	Oli Fletcher	M	YNE	Raw	MR-O	72.2	74	-105	112.5	-120	112.5	-67.5	67.5	-75	67.5	160	170	180	180	360	53.53	SBD
DQ	Samuel Hall	M	YNE	Raw	MR-O	72.6	74	-135	140	145	145	90	-95	-95	90	-180	-180	-180				SBD
1	Max Guo	M	YNE	Raw	MR-O	79.8	83	220	235	245	245	170	175	-177.5	175	250	265	-280	265	685	96.73	SBD
2	Josh Hinchcliffe	M	YNE	Raw	MR-O	81.4	83	200	207.5	210	210	-137.5	137.5	142.5	142.5	240	260	-275	260	612.5	85.63	SBD
3	Sam Read	M	YNE	Raw	MR-O	82.6	83	195	205	212.5	212.5	125	132.5	-140	132.5	215	230	240	240	585	81.18	SBD
4	Adam Morkot	M	YNE	Raw	MR-O	80	83	200	-210	-210	200	142.5	150	-155	150	200	212.5	-220	212.5	562.5	79.33	SBD
5	Harris Tunku Hammam	M	YNE	Raw	MR-O	82	83	175	185	192.5	192.5	107.5	115	-117.5	115	-245	250	-265	250	557.5	77.65	SBD
6	Ryan Adams	M	YNE	Raw	MR-O	81.2	83	-170	180	190	190	120	130	140	140	210	220	-227.5	220	550	76.98	SBD
7	Joe Robinson	M	YNE	Raw	MR-O	80.4	83	170	180	-190	180	115	122.5	-125	122.5	210	225	240	240	542.5	76.32	SBD
8	Alex Macaulay	M	YNE	Raw	MR-O	81.4	83	150	160	167.5	167.5	112.5	120	125	125	195	207.5	215	215	507.5	70.95	SBD
9	William Kendall	M	YNE	Raw	MR-O	76.4	83	167.5	180	185	185	-102.5	-102.5	102.5	102.5	190	205	-220	205	492.5	71.12	SBD
10	Howard Shooter	M	YNE	Raw	MR-O	81.4	83	137.5	145	-147.5	145	85	90	-92.5	90	190	200	-205	200	435	60.81	SBD
1	Maxwell Gyamfi	M	YNE	Raw	MR-O	91.4	93	272.5	282.5	290	290	192.5	200	205	205	285	305	317.5	317.5	812.5	107.2	SBD
2	Ryan Duffield	M	YNE	Raw	MR-O	90.4	93	240	260	-270	260	170	180	187.5	187.5	300	320	-330.5	320	767.5	101.81	SBD
3	Sam Cook	M	YNE	Raw	MR-O	91	93	240	252.5	257.5	257.5	135	142.5	-147.5	142.5	285	300	-305	300	700	92.55	SBD
4	Aidan Lynn	M	YNE	Raw	MR-O	89.8	93	232.5	242.5	250	250	145	152.5	-157.5	152.5	255	272.5	282.5	282.5	685	91.17	SBD
5	Jude Sutcliffe	M	YNE	Raw	MR-O	91.8	93	215	225	-235	225	-137.5	137.5	147.5	147.5	-260	275	285	285	657.5	86.56	SBD
6	Thomas Evans	M	YNE	Raw	MR-O	92.8	93	207.5	220	230	230	190	200	-205	200	210	225	-240	225	655	85.78	SBD
7	Rob Parkin	M	YNE	Raw	MR-O	91.2	93	220	232.5	240	240	112.5	117.5	122.5	122.5	242.5	262.5	-270	262.5	625	82.55	SBD
8	Matthew Dempsey	M	YNE	Raw	MR-O	93	93	200	210	225	225	120	130	140	140	200	225	235	235	600	78.49	SBD
9	Finn Hudson	M	YNE	Raw	MR-O	90.4	93	195	202.5	-210	202.5	122.5	127.5	-132.5	127.5	215	227.5	232.5	232.5	562.5	74.62	SBD
10	Aidan McNicholas	M		Raw	MR-O	89	93	180	190	-192.5	190	110	115	-120	115	225	245	-261	245	550	73.52	SBD
11	Christian Vieira	M	YNE	Raw	MR-O	88.2	93	167.5	175	182.5	182.5	125	130	135	135	185	195	205	205	522.5	70.16	SBD
12	Oliver whalley	M	YNE	Raw	MR-O	92	93	180	190	-200	190	85	87.5	90	90	190	195	197.5	197.5	477.5	62.8	SBD
13	Matt Ridgley	M	YNE	Raw	MR-O	92.4	93	140	150	155	155	70	77.5	82.5	82.5	150	160	170	170	407.5	53.48	SBD
14	Charlie Timms	M	YNE	Raw	MR-O	84	93	80	100	120	120	75	-90	-90	75	120	140	145	145	340	46.78	SBD
1	Daniel Jackman	M	YNE	Raw	MR-O	95.2	105	212.5	225	232.5	232.5	147.5	155	160	160	237.5	255	265	265	657.5	85.04	SBD
2	Chris tolchard	M	YNE	Raw	MR-O	101.1	105	215	230	240.5	240.5	145	152.5	-157.5	152.5	240	260	-271	260	653	82.07	SBD
3	Rory White	M	YNE	Raw	MR-O	102.3	105	-210	220	-222.5	220	137.5	142.5	-147.5	142.5	227.5	240	255	255	617.5	77.17	SBD
4	Rory Ainslie	M	YNE	Raw	MR-O	101.7	105	190	200	210	210	150	-162.5	-162.5	150	230	240	252.5	252.5	612.5	76.76	SBD
5	Laurence Andrews	M	YNE	Raw	MR-O	96.6	105	185	200	210	210	135	140	145	145	220	240	245	245	600	77.06	SBD
6	Ed lloyd	M	YNE	Raw	MR-O	98.5	105	180	190	200	200	140	145	150	150	230	240	250	250	600	76.35	SBD
7	Damian Manning	M	YNE	Raw	MR-O	102.4	105	200	210	215	215	150	157.5	160	160	210	217.5	225	225	600	74.95	SBD
8	Tim Garrett	M	YNE	Raw	MR-O	102.6	105	190	202.5	210	210	92.5	102.5	110	110	222.5	245	-255	245	565	70.52	SBD
9	Abraham England	M	YNE	Raw	MR-O	95.7	105	120	132.5	142.5	142.5	75	82.5	87.5	87.5	150	170	-175	170	400	51.61	SBD
DQ	Robert Beattie	M	YNE	Raw	MR-O	101.9	105	180	190	200	200	-155	-160	-160		200	215	230	230			SBD
1	Eddie Wilson	M	YNE	Raw	MR-O	119.2	120	232.5	240	-245	240	175	180	-185	180	310	330	-342.5	330	750	87.44	SBD
2	Matthew Gough	M	YNE	Raw	MR-O	116.8	120	230	242.5	250	250	165	172.5	177.5	177.5	285	297.5	307.5	307.5	735	86.46	SBD
3	Mark Persson	M	YNE	Raw	MR-O	113.4	120	205	215	222.5	222.5	130	137.5	142.5	142.5	225	240	250	250	615	73.3	SBD
4	Jacob Yasue	M	YNE	Raw	MR-O	109.2	120	205	215	225	225	145	150	157.5	157.5	205	217.5	227.5	227.5	610	73.96	SBD
5	Lawrence Kenworthy	M	YNE	Raw	MR-O	111.4	120	185	200	205	205	102.5	112.5	117.5	117.5	202.5	222.5	235	235	557.5	66.99	SBD
6	Sam Lawson	M	YNE	Raw	MR-O	115.6	120	175	190	200	200	105	115	-120	115	220	235	240	240	555	65.59	SBD
1	Joe Williamson	M		Raw	MR-O	105	105					122.5	130	135	135					135	60.45	B
1	Sean Gaffney	M	YNE	Raw	MR-O	111.2	120					165	175	182	182					182	79.39	B
1	Ben Gibson	M	YNE	Raw	MR-O	160	120+					192.5	200	-207.5	200					200	75.5	B