

West Midlands Spring Open 240422

Place	Name	Sex	Equipment	Division	Bodyweigh	WeightClass	Squat1Kg	Squat2Kg	Squat3Kg	Best3Squat	Bench1Kg	Bench2Kg	Bench3Kg	Best3Bench	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3Dead	TotalKg
DQ	Niamh Mallen	F	Raw	FR-Jr	50.9	52	87.5	92.5	97.5	97.5	-57.5	-62.5	-62.5		107.5	115	117.5	117.5	
	1 Amelia Fox	F	Raw	FR-Jr	55.9	57	100	110	117.5	117.5	55	57.5	-60	57.5	125	135	142.5	142.5	317.5
	1 Sophie Lampitt	F	Raw	FR-Jr	68.4	69	117.5	120	-122.5	120	57.5	-60	-60	57.5	150	-155	-155	150	327.5
	2 Molly Johnson	F	Raw	FR-Jr	68.4	69	110	-117.5	-120	110	60	67.5	72.5	72.5	115	122.5	130	130	312.5
	3 Caitlin Dominy-Lewis	F	Raw	FR-Jr	68	69	100	105	-110	105	-67.5	67.5	72.5	72.5	110	-115	115	115	292.5
	1 Grace Carnall	F	Raw	FR-Jr	76	76	-102.5	105	112.5	112.5	47.5	52.5	-55	52.5	115	122.5	127.5	127.5	292.5
G	Louise Badger	F	Raw	FR-Jr	85.2	84+	95	-105	-105	95	42.5	-47.5	47.5	47.5	105	115	-125	115	257.5
	1 Kerry Elaine Bolton	F	Raw	FR-M1	82.5	84	115	120	122.5	122.5	55	60	65	65	155	-160	-160	155	342.5
	1 Jasminka O'Hora	F	Raw	FR-M2	75.8	76	110	120	130	130	65	72.5		72.5	135	145	-155	145	347.5
	1 Abbie Darby-Beddall	F	Raw	FR-O	54.1	57	110	115	-117.5	115	55	60	-67.5	60	145	-155	-155	145	320
	1 Olivia Whinton	F	Raw	FR-O	59.3	63	107.5	115	120	120	57.5	62.5	65	65	135	145	152.5	152.5	337.5
	1 Sarah Henton	F	Raw	FR-O	68	69	85	87.5	90	90	52.5	-55	-55	52.5	115	117.5	120	120	262.5
	1 Laura Kutilkova	F	Raw	FR-O	74.1	76	115	122.5	130	130	60	65	-67.5	65	135	145	150	150	345
DQ	Caden Otter	M	Raw	MR-Jr	65.9	66	160	170	-180	170	-85	-90	-92.5		200	215	-230	215	
	1 Wyatt Dunn	M	Raw	MR-Jr	72.8	74	170	180	185	185	115	120	125	125	210	220	235	235	545
	2 Harvir Singh Cheema	M	Raw	MR-Jr	71.3	74	120	130	140	140	55	62.5	70	70	130	140	-150	140	350
	1 William Kinsella	M	Raw	MR-Jr	80.5	83	152.5	162.5	170	170	107.5	115	-120	115	207.5	217.5	-220	217.5	502.5
	1 Tom Maughan	M	Raw	MR-M2	87.6	93	165	-175	175	175	105	107.5	-110	107.5	215	220	225	225	507.5
	1 Clive Lingard	M	Raw	MR-M4	82.7	83	105	115	-125	115	90	-95	-95	90	150	160	-172.5	160	365
	1 Tsz King Wan	M	Raw	MR-O	65.3	66	167.5	177.5	-185	177.5	105	110	115	115	195	210	-217.5	210	502.5
	1 Karl Barnett	M	Raw	MR-O	80.5	83	180	190	200	200	140	152.5	157.5	157.5	230	247.5	-262.5	247.5	605
	2 Ben Passmore	M	Raw	MR-O	82.7	83	180	-192.5	192.5	192.5	107.5	112.5	-115	112.5	225	237.5	-250	237.5	542.5
	3 William Stride	M	Raw	MR-O	82	83	182.5	187.5	192.5	192.5	100	107.5	115	115	220	232.5	-242.5	232.5	540
	4 Callum Ingley	M	Raw	MR-O	79.4	83	180	190	197.5	197.5	-97.5	-102.5	102.5	102.5	200	212.5	-220	212.5	512.5
	5 Fulvio LoConte	M	Raw	MR-O	81.4	83	142.5	150	157.5	157.5	-107.5	-112.5	112.5	112.5	177.5	192.5	200	200	470
G	Sunil Chahal	M	Raw	MR-O	81	83	205	220	-227.5	220	160	167.5	172.5	172.5	210	230	240	240	632.5
	1 Mateusz BoroÅ,,	M	Raw	MR-O	92	93	-225	225	-235	225	120	127.5	-132.5	127.5	275	290	-300	290	642.5
	2 Danny Gallagher	M	Raw	MR-O	89	93	190	200	210	210	135	142.5	150	150	240	250	255	255	615
	3 Ryan Batchelder	M	Raw	MR-O	87.6	93	180	192.5	205	205	135	142.5	150	150	220	232.5	240	240	595
	1 Peter Evans	M	Raw	MR-O	103	105	-220	220	235	235	150	155	-165	155	270	285	-307.5	285	675
	2 Jordaine Jones	M	Raw	MR-O	102.3	105	200	-220	220	220	155	165	175	175	255	275	-295	275	670
	3 Ewan Morris	M	Raw	MR-O	104.8	105	-185	192.5	197.5	197.5	125	132.5	-135	132.5	222.5	232.5	-242.5	232.5	562.5
	4 Chris Smith #37	M	Raw	MR-O	100.7	105	180	-200	-200	180	120	125	-130	125	220	230	242.5	242.5	547.5
	1 Simon Ajewole	M	Raw	MR-Sj	65.8	66	150	165	170	170	90	95	100	100	200	215	220	220	490
	1 Sean Follet	M	Raw	MR-Sj	71.5	74	170	185	-190	185	100	110		110	190	200	207.5	207.5	502.5
	2 Dyako Zada	M	Raw	MR-Sj	72.9	74	140	-150	-160	140	85	90	-95	90	155	165	-170	165	395
	1 Benjamin Cooper	M	Raw	MR-Sj	81.8	83	157.5	167.5	177.5	177.5	75	85	90	90	192.5	205	215	215	482.5
	2 Luke Rowley	M	Raw	MR-Sj	80.1	83	-150	150	-165	150	80	-90	-95	80	190	-200	-202.5	190	420
G	Kian Fatemifar	M	Raw	MR-Sj	79	83	162.5	172.5	180	180	90	95	100	100	177.5	187.5	195	195	475
G	Brayden Alexander Soames	M	Raw	MR-Sj	81	83	140	160	165	165	-100	105	115	115	-170	180	-185	180	460
	1 Alexander Cook	M	Raw	MR-Sj	90.4	93	-185	-190	190	190	100	-110	-110	100	190	205	215	215	505
	1 Manoj Chahal	M	Single-ply	M-M2	79.5	83	215	225	235	235	125	132.5	-137.5	132.5	-220	225	235	235	602.5
	1 Carl Sheppard	M	Raw	MR-M1	113.9	120					150	160	-170	160					160
	1 Callum Moss	M	Raw	MR-Jr	92.1	93					150	162.5	-165	162.5					162.5
	1 John Bernasconi	M	Raw	MR-M3	102.7	105					-147.5	147.5	150	150					150