

OPL Format v1 Submit by email: [issues@openpowerlifting.org](mailto:issues@openpowerlifting.org)

Federation Date MeetCounl MeetName Formula  
 IPF '2021-11-14 UK Anglian Bench Press 2021 IPF GL Points

Place	Name	Sex	Equipment	Division	BodyweightKg	WeightClassKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	TotalKg	Points
1	Judith McGauley	F	Raw	FR-M4	49.9	52	27.5	30	32.5	32.5	32.5	32.34
1	Laura Elliott	F	Raw	FR-M1	55.7	57	40	45	47.5	47.5	47.5	42.97
1	Sandra Vilkiene	F	Raw	FR-O	62.5	63	35	40	-45	40	40	33.53
1	Karen McKendry	F	Raw	FR-M1	74.05	76	65	70	-72.5	70	70	54.26
1	Amy Clair	F	Raw	FR-O	75.25	76	77.5	85	87.5	87.5	87.5	67.44
1	Kimberley Kirkham	F	Raw	FR-O	101.45	84+	65	70	-72.5	70	70	50.46
1	Adam Alderman	M	Raw	MR-O	54.6	59	135	140	-146	140	140	88.23
2	Daniel McGauley	M	Raw	MR-O	56.9	59	75	80	82.5	82.5	82.5	50.8
1	Aaron Gideon	M	Raw	MR-M1	65.05	66	120	127.5	135	135	135	77.18
1	Barrie Tavener	M	Raw	MR-M1	82.7	83	150	160	167.5	167.5	167.5	84.29
2	Gordon Kay	M	Raw	MR-M1	81.8	83	125	-130	130	130	130	65.79
1	Lee Meach	M	Raw	MR-M2	81.01	83	120	130	140	140	140	71.2
1	Ray Jeffery	M	Raw	MR-M3	81.4	83	110	115	-120	115	115	58.34
1	Lee Meach	M	Single-ply	M-M2	81.01	83	170	180		180	180	65.21
1	Dan Amey	M	Raw	MR-M1	90.8	93	135	150	157.5	157.5	157.5	75.61
1	Dan Ashby	M	Raw	MR-O	91.35	93	117.5	125	130	130	130	62.22
2	Amar Tanna	M	Raw	MR-O	89.7	93	112.5	117.5	122.5	122.5	122.5	59.17
1	Graham Luck	M	Raw	MR-M1	104.95	105	125	-130	-130	125	125	55.98
1	Dave Read	M	Raw	MR-M3	100.3	105	110	115	-125	115	115	52.61
1	Marcus Thornton	M	Raw	MR-Sj	103.3	105	125	130	135	135	135	60.91
1	Stewart Cowan	M	Raw	MR-M2	110.3	120	160	170	-172.5	170	170	74.43
1	Laurynas Vilkas	M	Raw	MR-O	115.6	120	160	180	-185	180	180	77.18